Nursing Care in Prisons

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Nursing Care in Prisons

Prison - concept

“a place of residence and work where a huge number of individuals, apart from society for a considerable lack of time, lives together a closed life and formally administrated”.

Goffman in Gonçalves, 2002
In 1991, UN proclaimed the Reclusions Treatment Basic Principles where the 9th Principle says:

“Prisoners shall have access to the health services available in the country without discrimination on the grounds of their legal situation”.

UN, 1991

“Resolution on Basic Principles for the Treatment of Prisoners”
In the majority of European countries, prison health care are apart from public health care system, which brings several problems on the recruitment of nurses, motivation and training.

Due to that, the Moscow Declaration (2003) suggests that prison health care services should work within the National Health Care System.
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PORTUGAL

• Occidental European country with more prisoners – 11008

• 52 prisons along all country and islands (7 with hospital care)

• Occupancy rate round 88%

• 94% male prisoners and 6% female prisoners

DGSP, 2008
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Assessment of the Nursing Professional Conditions in Prisons

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Assessment of the Nursing Professional Conditions in Prisons – Study Purposes

Nursing care necessities

Specialized Nursing Care necessities

Working conditions

Inquiry to all prison nurses

Observation of the 52 prison conditions

Expert auditions

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Goals:

• Understand the Portuguese reality on nursing care prisons

• Provide information to the Board of Directors of the Ordem dos Enfermeiros that will support them on political issues and actions

• Provide information to the Regional Boards of Directors and Boards of Nursing on the professional nursing care accompaniment
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Preliminary findings
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The Portuguese Prisons Nursing Health Care:

• Small amount of hours for Nursing Care

• Some prisons without Nursing Care

• There were only 99 nurses working in Prisons with permanent contracts. Others were from agencies or with temporary contracts.
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The Portuguese Prisons Nursing Health Care:

• 24 hours Nursing Care only in Hospital Care Prisons

• Absence of conditions for Nursing Care in the majority of prisons (structural and human)

• Absence of Nursing Records in many prisons

• Inadequate level of health promotion
Health Promotion

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Communication and Help Relation

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Service Education

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Rehabilitation and Reinsertion

- Very
- Some
- Few/None

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Participation on Institucional Projects
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- Health promotion only at Central Prisons

- More Communication and Help Relation at Regional Prisons

- Few service Formation at all kind of prisons

- Few rehabilitation and reinsertion at all kind of prisons

- Few participation on institutional projects
Thank you

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