



# ORDEM DOS ENFERMEIROS

PORTUGAL

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## Family Nurse



Nursing care is focused on the family itself.

The main competences of family health nurses should be:  
To help people during the transition process caused by the health challenges they face during their life cycle.

The model that has been experienced in Portugal, is the dynamic model of evaluation and familiar intervention, that is both a theoretical and operative referential.  
Goal - to answer to the needs of the Portuguese nurses when faced with families in the context of the primary healthcare.

So, the nurse becomes the first contact of the families with the health system.

Family health nursing:  
- The centre of the reorganization and reconfiguration of family healthcare;  
- Must be seen as the main guardian of an accessible and equitable system.