

27-28 February 2014
PORTUGAL

1st
INTERNATIONAL
CONGRESS OF
MENTAL HEALTH
LITERACY

NEWSLETTER 01
NOVEMBER 2013

“EMPOWERING PEOPLE AND COMMUNITIES TO ACT”

Within the scope of the **project “Mental health education and sensitization: a school-based intervention programme for adolescents and young people” (PTDC/CPE-CED/112546/2009)**, at the Health Sciences Research Unit – Nursing (UICISA-E) and the Nursing School of Coimbra will hold the 1st International Congress on Mental Health Literacy under the theme “Empowering people and communities to act” on February 27th and 28th 2014.

This scientific event aims to be a forum for meeting and discussion for all who are interested in issues related to mental health literacy in the different fields of intervention and research.

We have already confirmed the presence of Anthony Jorm (Orygen Youth Health Research Centre, University of Melbourne) and Álvaro de Carvalho (National Program for Mental Health, General-Directorate for Health). Ana Moscoso (CHLC - Dona Estefânia Hospital), Ângela Maia (University of Minho), Carlos Sequeira (Portuguese Society of Mental Health - Porto Nursing College), Elsa Fé (Lisbon Alcoholology Unit), Filipa Palha (Encontrar+se, Education and Psychology Faculty - Portuguese Catholic University), Joaquim Gago (Faculty of Medical Sciences - Universidade Nova de Lisboa), Lucília Nunes (School of Health Care- Setúbal Polytechnic Institute), Luísa Campos (Encontrar+se, Education and Psychology Faculty - Portuguese Catholic University), Luís Saboga Nunes (National School of Public Health - Universidade Nova de Lisboa), Margarida Matos (Faculty of Human Motricity – Technical University of Lisbon) and Rui Aragão Oliveira (Higher Institute of Applied Psychology) are other experts who are part of the speakers’ panel.

DEADLINE FOR ABSTRACT SUBMISSION: January 3rd, 2014

THEMES:

- > Health education and promotion in school settings;
- > Quality of life and well-being in the life cycle;
- > Interventions in clinical settings;
- > Health and citizenship;
- > Research: instruments and results;
- > Programs and new tools for health promotion, prevention and/or management of diseases;
- > Other issues related to health literacy.

The official language of the Congress is Portuguese, but abstracts can also be submitted in English.

More information at www.esenfc.pt/event/mhl

The Journal of Nursing Referência, published by the UICISA-E, **will publish a book of abstracts of the congress**. The Journal of Nursing Referência is currently indexed in Cuiden, CINAHL, Latindex and SciELO Portugal. It is internationally disseminated in paper form, but it is also available online at Cantárida Índex, ESEnFC/Referência and CINAHL.

Please disseminate this scientific event as widely as possible.

Thank you! We are expecting you

THE ORGANIZATION: Luís Loureiro (PhD, ESEnFC)